

CYCLING ASHFIELD

- ON-ROAD CYCLE ROUTES, Low/Medium Traffic
- ON-ROAD CYCLE ROUTE, High Traffic
- OFF-ROAD CYCLE ROUTES
- NON DESIGNATED CYCLE ROUTE
- PROPOSED CYCLE ROUTE
- WALKING PATHS
- T TOILETS
- ★ POLICE STATION
- 267 Sydney Street Directory mapgrid & number

Scale 0 100 200 300 400 500 600 700 800 900 1000m
 Version 16-54-6
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To Homebush Bay To Homebush To South Strathfield To Canterbury Hospital To Brighton & Cronulla To Cooks River To St.Peters To City To Gladesville Bridge

Cycling in Ashfield

There are a number of great cycleways in the Ashfield local area, including Richard Murden Reserve in Haberfield which links up with the Bay Run, 7km stretch of dedicated shared path and cycle way.

Cycling is a great recreational activity, a transport option and a tremendous way to stay fit and healthy. It also offers a host of environmental benefits including reducing air pollution and traffic congestion.



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Shared paths

When using paths shared by pedestrians and bicycles, the following rules apply:

Keep to the left and make sure you:

- Give way to pedestrians, slowing down or stopping if needed
- Use your bell if needed, to warn of your approach
- Be extra careful around young children and dogs as they are often unpredictable



Bike safety

Check your bike regularly to maintain it and ensure it is safe to use before you ride it.

3 Minute Safety Check:

- Tyres should feel very firm when inflated. Check side of tyre for recommended pressure
- Check the seat height is correct and that the seat post is tightly inserted (at least 5cm into the frame)
- Brakes should be secure and levers should engage when gripped
- Gears and brakes operate smoothly
- Handlebars should not be loose
- Lift the handlebars, spin the front wheel, apply the brakes and check that:
 - the wheel is properly secure in the forks
 - the quick release levers are secure and wheel rotates freely
 - gears and brakes operate smoothly
- Then lift the seat, turn the pedals and apply the same procedure again, checking the back wheel and brakes.



Road rules

A bike is considered a vehicle under the Australian Road Rules and is required by law to obey road rules.

Bike riders are allowed to:

- Pass other vehicles on the left, except when those vehicles are indicating and turning left
- Travel to the front line of traffic on the left hand side of stopped vehicles
- Take up a whole traffic lane
- Ride a maximum of two abreast in a lane as long long as they are not more than 1.5 metres apart
- Travel in a Bus Lane, Tram Lane, Transit Lane or Truck Lane but not in a Bus Only Lane

Bicycle riders must NOT ride on a footpath. However, children under the age of 16 years can ride on the footpath unless there is a NO BICYCLES sign

For more information on road rules for bicycle riders, visit: <https://www.rms.nsw.gov.au/roads/bicycles/safety-rules/road-rules-for-bicycle-riders.html>

AshBUG

The Ashfield Bicycle Group (AshBUG) meets monthly to plan regular activities including rides for people wanting to learn more about getting around the area by bike. They work with Inner West Council to improve road facilities and cycle paths.

AshBUG works on projects with other local bicycle groups and Bicycle NSW to improve bike riding facilities. For more information, or to join AshBUG visit: www.ashbug.org.au



Inner West Council Cycling Map and Guide

2nd Edition



INNER WEST COUNCIL

Tips for safe cycling

- Always wear a helmet
- Keep visible and wear bright clothing
- Display a white light at the front of your bike and a red light at the back. Lights only need to be displayed at night
- Follow the road rules
- Use hand signs when changing lanes or turning right
- Use bicycle paths or shared paths whenever possible
- Keep your bicycle in good condition
- Check your bike before you ride it.



Bikes on public transport

Can I take my bike on public transport?

Trains:

Yes, you can take your bicycle on a Sydney or Intercity train for free at any time.

Buses:

No, bikes are not allowed on buses due to space restraints.

Ferries:

Yes, bikes are permitted free of charge at all times at the discretion of the crew.

For more information, visit: <https://transportnsw.info/travel-info/using-public-transport/travelling-with-bikes-surfboards>



Cycling map

Inner West Council is proud to produce this Cycling Map and Guide for the local Ashfield area.

This map details the series of cycle routes in the area and contains advice and other useful information for bicycle users such as tips for safe cycling, information about bike maintenance safety and road rules.

To raise awareness of cyclists and cycle routes, Inner West Council has placed over 300 bicycle road markings on local roads that make up Ashfield's bicycle network to remind drivers to watch out for cyclists.

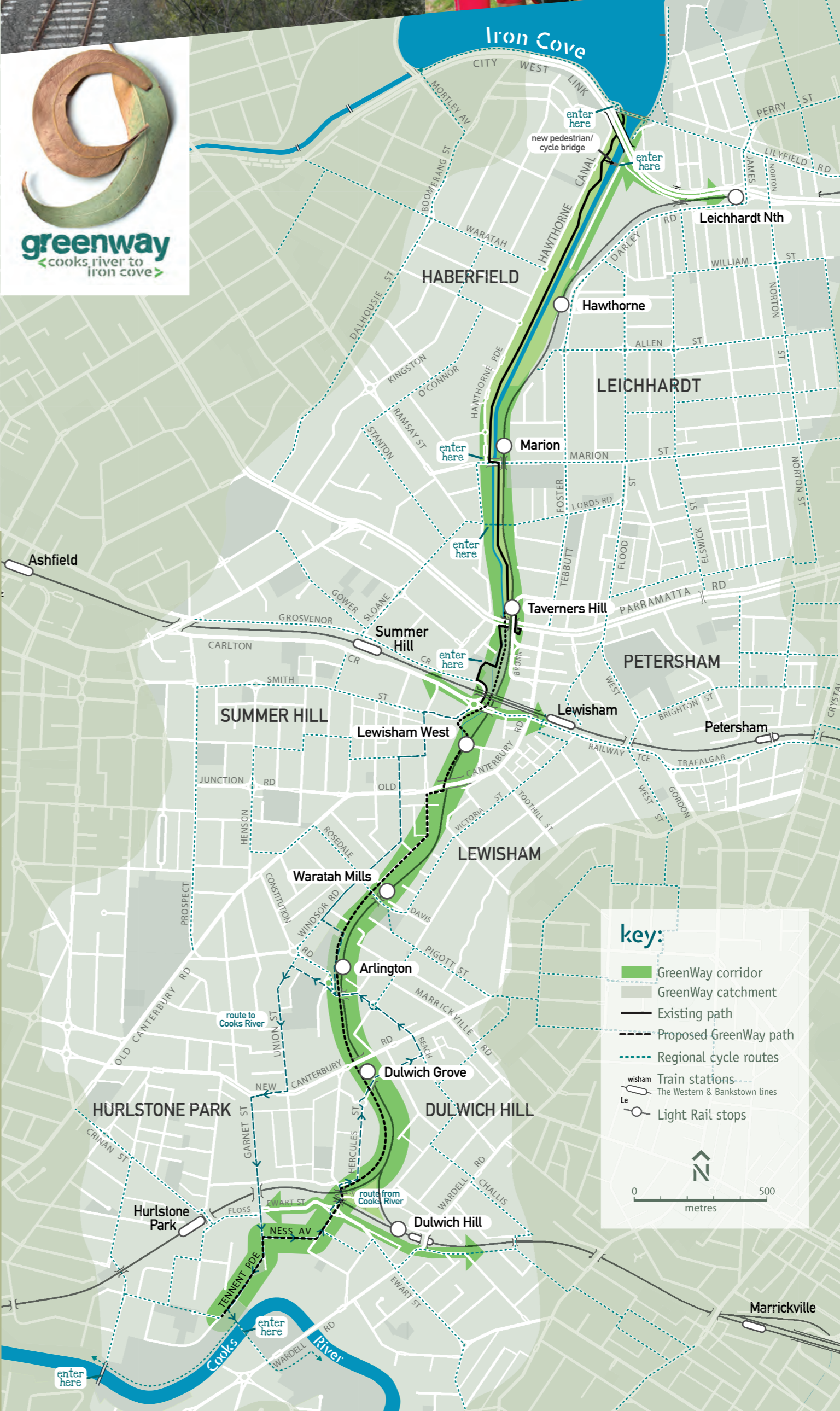
Happy cycling!

Bicycle courses & workshops

Inner West Council, City of Sydney and Sydney Cycleways work to improve cycling safety skills through the provision of courses which include:

- Bike Maintenance
- Rusty Riders
- Cycling in the City

For more information on these courses visit: www.sydneycycleways.net



Cycling information & publications

For more information on cycling visit: www.transport.nsw.gov.au

The RMS has produced a Cycleway Finder database of cycleway infrastructure located throughout NSW. This is publicly available through the interactive CyclewayFinder. To visit the interactive map go to: www.rms.nsw.gov.au/roads/bicycles/cycleway-finder.html

A handbook for bicycle riders has been produced by the RMS. The Guide contains tips on road safety, bicycle maintenance, road rules and the legal aspects of riding your bicycle. You can download a copy of the guide at: www.transport.nsw.gov.au/projects/programs/walking-and-cycling

The GreenWay

The GreenWay is an urban green corridor that connects the Cooks River shared pathway at Earlwood to the Iron Cove Bay Run at Haberfield. The corridor is 5.8km long generally following the route of Inner West Light Rail.

For many years, the community has advocated for the GreenWay Trail, a shared walking and cycling pathway running alongside the rail corridor, connecting residents and commuters to local suburbs, shops, 23 nearby schools and regional cycling routes. Parts of the GreenWay shared pathway are already in place from the Bay Run at Haberfield to Cadigal Reserve in Summer Hill.

The GreenWay is also an important biodiversity corridor with bushcare sites and vegetation providing habitat for native plants and animals including reptiles, birds, flying foxes, possums, frogs and an endangered population of Long-nosed Bandicoots.

Council has recently completed a Master Plan for the Cooks to Cove GreenWay. The Master Plan will guide the implementation of built and natural infrastructure along the Greenway, over the next 10 to 15 years.

In the meantime, you can meander along the nearby local streets of the GreenWay to connect to the Bay Run in the north or down south to Cook's River pathway.

Get involved

For more information or to volunteer for bushcare and community projects, visit www.greenway.org.au



Copies of this map are available from:

Inner West Council
Ashfield Service Centre
260 Liverpool Road,
Ashfield NSW 2131
T: 9392 5000

By visiting council's website:
<https://www.innerwest.nsw.gov.au/>

Ashfield Library
260 Liverpool Road
Ashfield NSW 2131

Haberfield Library
78 Dalhousie Street
Haberfield NSW 2045

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Local bike organisations

AshBUG
Ashfield BicycleGroup
W: www.ashbug.org.au
E: ashbug@ashbug.com.au

Bicycle NSW
W: www.bicyclensw.org.au/
E: info@bicyclensw.org.au
T: 9704 0800

Bike Sydney
W: www.bikesydney.org
E: cityride@bikesydney.org
T: 61 2 8213 2437

Bike Marrickville
W: www.bikemarrickville.org.au
E: bikemarrickville@gmail.com

BayBUG
Canada Bay Bicycle Users Group
W: www.baybug.org.au

Bike Leichhardt
W: www.bikeleichhardt.org
E: info@bikeleichhardt.org