





## Cycling in Ashfield

There are a number of great cycleways in the Ashfield local area, including Richard Murden Reserve in Haberfield which links up with the Bay Run, 7km stretch of dedicated shared path and cycle way.

Cycling is a great recreational activity, a transport option and a tremendous way to stay fit and healthy. It also offers a host of environmental benefits including reducing air pollution and traffic congestion.

## Shared paths

When using paths shared by pedestrians and bicycles, the following rules apply:

Keep to the left and make sure you:

- Give way to pedestrians, slowing down or stopping if needed
- Use your bell if needed to avoid a collision, or to warn of your approach
- Be extra careful around young children and dogs as they are often unpredictable

## Bike safety

Check your bike regularly to maintain it and ensure it is safe to use before you ride it.

### 3 Minute Safety Check:

- Tyres should be very firm touch
- Check the seat height is correct and that the seat post is tightly inserted (at least 5cm into the frame)
- Brakes should be secure and levers should engage when gripped
- Gears and brakes operate smoothly
- Handlebars should not be loose
- Lift the handlebars, spin the front wheel, apply the brakes and check that:
  - the wheel is properly secure in the forks
  - the quick release levers are secure and wheel rotates freely
  - gears and brakes operate smoothly
- Then lift the seat, turn the pedals and apply the same procedure again, checking the back wheel and brakes.



## Road rules

A bike is considered a vehicle under the Australian Road Rules and is required by law to obey road rules.

### Bike riders are allowed to:

- Pass other vehicles on the left, except when those vehicles are indicating and turning left
- Travel to the front line of traffic on the left hand side of stopped vehicles
- Take up a whole traffic lane
- Ride a maximum of two abreast in a lane as long long as they are not more than 1.5 metres apart
- Travel in Bus Lanes and Transit Lanes.

Bike riders are NOT allowed to ride on footpaths unless the bike rider is under 12, accompanying a rider under 12 or the footpath is a designated shared path.

## AshBUG

The Ashfield Bicycle Users Group (AshBUG) meets monthly to plan regular activities including rides for people wanting to learn more about getting around the area by bike. They work with Ashfield Council to improve road facilities and cycle paths.

AshBUG works on projects with other local bicycle user groups and Bicycle NSW to improve bike riding facilities.

For more information, or to join AshBUG visit: [www.ashbug.org.au](http://www.ashbug.org.au)



# Ashfield Council Cycling Map and Guide

1st Edition



NSW Health

Ashfield Council

## Tips for safe cycling

- Always wear a helmet
- Keep visible and wear bright clothing
- Display a white light at the front of your bike and a red light at the back. Lights only need to be displayed at night
- Follow the road rules
- Use hand signs when changing lanes or turning right
- Use bicycle paths or shared paths whenever possible
- Keep your bicycle in good condition
- Check your bike before you ride it.



## Bikes on public transport

Can I take my bike on public transport?

### Trains:

Yes, bikes are permitted on trains free of charge on the weekend and in off-peak periods. During peak periods, a child's ticket must be purchased for the journey.

### Buses:

No, bikes are not allowed on buses due to space restraints.

### Ferries:

Yes, bikes are permitted free of charge at all times at the discretion of the crew.



## Bicycle courses and workshops

Ashfield Council provides free cycle skills workshop for adults and children as part of the Treading Lightly - Eco Living in the Inner West program.

Visit [www.ashfield.nsw.gov.au/page/environmental\\_workshops.html](http://www.ashfield.nsw.gov.au/page/environmental_workshops.html) to view the latest Treading Lightly calendar, or call Council's Sustainability Team on (02) 9716 1921 to register interest in an upcoming workshop.



## Cycling information & publications

For more information on cycling visit: [www.bicycleinfo.nsw.gov.au](http://www.bicycleinfo.nsw.gov.au)

The RTA produces a number of cycling maps which cover the Sydney area.

To obtain copies of the maps go to: [www.rta.nsw.gov.au/bicycles.htm](http://www.rta.nsw.gov.au/bicycles.htm)

A handbook for bicycle riders has been produced by the RTA. The Guide contains tips on road safety, bicycle maintenance, road rules and the legal aspects of riding your bicycle.

You can download a copy of the guide at: [www.bicycleinfo.nsw.gov.au](http://www.bicycleinfo.nsw.gov.au)

Copies of this map are available from:

**Ashfield Council Customer Service**  
260 Liverpool Road,  
Ashfield, NSW 2131  
T: 9716 1800

By visiting Council's website  
[www.ashfield.nsw.gov.au](http://www.ashfield.nsw.gov.au)

**Ashfield Library**  
260 Liverpool Road,  
Ashfield, NSW 2131

**Haberfield Library**  
78 Dalhousie Street,  
Haberfield, NSW 2045



Ashfield Council

## The GreenWay

The GreenWay is an urban green corridor that connects the Cooks River shared pathway at Earlwood to the Iron Cove Bay Run at Haberfield. The corridor is 5km long following the line of the Rozelle freight corridor, which is being converted to light rail.

The GreenWay offers the community an alternative to the hectic inner west lifestyle and congested roads. It is a place for relaxation, a place to enjoy and to reconnect with nature.

For many years, the community has advocated for the GreenWay Trail, a shared walking and cycling pathway running alongside the rail corridor, connecting residents and commuters to local suburbs, shops, 23 nearby schools and regional cycling routes. Parts of the GreenWay shared pathway are already in place from the Bay Run at Haberfield to Cadigal Reserve in Summer Hill.

The GreenWay is also an important biodiversity corridor with bushcare sites and vegetation providing habitat for native plants and animals including reptiles, birds, flying foxes, possums, frogs and an endangered population of Long-nosed Bandicoots.

The community and local Councils including Ashfield, Leichhardt, Marrickville and Canterbury are lobbying to have the GreenWay shared pathway delivered as part of the State Government's Inner West Light Rail Extension.

In the meantime, you can meander along the nearby local streets of the GreenWay to connect to the Bay Run in the north or down south to Cook's River pathway.

### Get involved

For more information or to volunteer for bushcare and community projects, visit [www.greenway.org.au](http://www.greenway.org.au)



## Local bike organisations

**AshBUG**  
Ashfield Bicycle Users Group  
T: 0439 979 950  
[www.ashbug.org.au](http://www.ashbug.org.au)  
[info@ashbug.org.au](mailto:info@ashbug.org.au)

**Bicycle NSW**  
T: 9704 0800  
[www.bicyclensw.org.au](http://www.bicyclensw.org.au)

**Bike Sydney**  
T: 8213 2437  
[www.bikesydney.org](http://www.bikesydney.org)

**Bike Marrickville**  
T: 9294 5900  
[www.bikemarrickville.org.au](http://www.bikemarrickville.org.au)

**BayBUG**  
Canada Bay Bicycle Users Group  
T: 8765 9719  
[www.baybug.org.au](http://www.baybug.org.au)

**LBUG**  
Leichhardt Bicycle Users Group  
T: 9810 3706  
[www.lbug.org.au](http://www.lbug.org.au)

