

Meeting Minutes

Seniors LDG

Thursday 14 August 2025

Level 5, Meeting Room 1, ASC

Meeting commenced at 6pm and concluded at 8pm

Attendees

| Community members | Council officers | Councillors |
|--|--|-------------|
| Craig McMahon, Diana Dagg, Rosanne Hunt, Georgia Gore, Gabor Hutas | Mark Jones, Cathy Middleton, Peter Jackson, Holly Cowdery, Tim Brown | N/A |

Chairperson

Craig McMahon

Acknowledgement of Country

Apologies and membership changes

Lucy Jones, Glenda Gartrell, Judith O'Connor, Mary Labrie

Disclosures of conflicts of interest

N/A

Endorse previous meeting minutes

Rosanne and Gabor



Discussion Items

| Agenda Item | Discussion summary | Agenda item outcome/action (as required) |
|--|---|--|
| Inclusive Playgrounds – Report by Holly Cowdrey, Peter Jackson, and Tim Brown | <p>Current stage: First stage of the process, which will inform the overall approach.</p> <p>Background: Council decision in May 2022 to create inclusive playgrounds in each ward.</p> <p>Yeo Park: Tender process underway. Another park recently opened on the weekend.</p> <p>Key features being considered: Accessible parking, diverse play equipment, shade, access to bubblers and toilets, seating, and rest areas.</p> <p>Consultation process includes on-site engagement.</p> <p>Rosanna asked whether each park will be intentionally different.</p> <p>Holly noted: Richard Merson Reserve and Probus group included in consultation; older people encouraged to participate in play opportunities.</p> <p>Tim reported: A double trampoline included in the second park based on feedback – learning as they go.</p> | N/A |

INNER WEST

Process: Different design consultants engaged each time. Quotes are sought, consultants reviewed, and an evaluation panel selects the best fit.

Diana asked: What is the key guiding document?

Answer: Everyone Can Play guidelines (NSW Government).

Suggestions from the group for seniors: Table tennis, bocce, exercise equipment, and clear wayfinding signage.

Defibrillators in parks: Not currently implemented.

Hannaford
Centre
Update –
Cathy
Middleton

Hannaford currently offers a diverse range of programs delivered by a range of facilitators.

Mix of paid and free programs (e.g., book clubs) and venue for hire.

Community members to discuss ways of replicating this service across the LGA.

**Loneliness
and Program
Access –
Discussion**

Rosanna raised the issue of loneliness and asked how Council is promoting programs.

Discussion on whether the LDG should advocate for another dedicated seniors centre, similar to Hannaford.

INNER WEST

Idea: “Roving picnic” combining social connection, exercise, and accessible transport.

Cathy suggested exploring the use of other Council venues for programs.

Potential to run more community lunches using town halls.

Georgia (Connect Inner West) mentioned the Fit and Fab program.

Rosanna, Craig, Diana, and Gabor discussed combining elements of picnics, exercise, and transport to combat loneliness.

Rosanna mentioned her connection with 2RPH Radio.

Council Update – Mark Jones

Provided an overview of recent Healthy Ageing events and initiatives. N/A

Other Business

Diana asked for an update on Mary’s radio grant application.

Mark to email community members re. change of date in October

Rosanna noted the next meeting was scheduled for 2 October; proposed moving it one week earlier.



Mark and other attendees confirmed the change.

Next meeting

Thurs 2 October