

# Seniors LDG Meeting Minutes

# Thurs 10 April 2025

**Meeting Minutes** Ashfield Civic Centre - 260 Liverpool Rd, Ashfield Meeting commenced at 6:10pm and concluded at 7:55pm Attendees **Community Members:** Gabor, Craig, Lucy, Judith, Glenda, Mary (via Teams) **Council Officers:** Mark Jones (Acting Community Wellbeing Manager) Ednilson Santos (Community Wellbeing Project Assistant) Councillors: Clr Clay Acknowledgement of Country An Acknowledgement of Country was made to recognise the traditional custodians of the land, the Gadigal and Wangal peoples of the Sydney Basin. Chairperson Election Craig was elected as Chairperson. Glenda was elected as Vice-Chairperson.

# Apologies and Membership Changes

Apologies received from: Roseanne, Diana, Georgia, Anita.

No membership changes noted.

Disclosures of Conflicts of Interest

•	None declared.
Endorsement of Previous Meeting Minutes	

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# Discussion Items

1. Previous Term - Challenges and Wins

Not applicable.

# Key points raised:

- Communication with older people remains a challenge.
- Concerns around accessibility and navigation of the Inner West Council (IWC) website.
- Glenda mentioned the need for a review; Craig noted his prior involvement in a working group that reviewed the website.
- Suggestions included:
- Dedicated seniors section in the Council newsletter.
- > Surveying older residents on how they access and interact with digital platforms.
- Community Hub pilot prototype was shared with group
- Loneliness strategies: roving picnics, morning teas, "coffee roulette" concept (Lucy).
- Leveraging existing Council events to increase seniors' participation.
- Seniors Directory shared

### **Actions:**

- Mark to follow up with the Web/UX team on the website redesign and accessibility.
- Investigate if engagement or user testing has occurred with seniors during the redesign.
- Obtain data on how seniors are using the website, and which sections are most visited.
- Mark to circulate the Voices of Solitude report and Little BIG House link to the group.

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# 2. Healthy Ageing Strategy and Team Update

• A brief update was provided on the Healthy Ageing Strategy.

## Action:

None required at this stage.

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# 3. Digital Literacy and Online Safety

• Glenda raised the importance of digital literacy and scams targeting seniors.

Noted: CommBank's digital literacy programs.

#### Action:

 Mark to bring information about CommBank's digital literacy resources to the next meeting.

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## 4. Brainstorming: Future Focus for the Group

# Discussion highlights:

- Craig queried what other LDGs are currently discussing.
- Interest in increasing collaboration between LDGs suggestion for Chairperson catch-ups meeting minutes from all 13 LDG's are available on Council website
- Other ideas included:
- Linking picnics and small gatherings with key calendar events.
- > Activities as part of Seniors Festival.
- Initiatives like street parties to promote social connections.
- Financial literacy workshops focusing on superannuation, retirement living, and long-term financial planning (Lucy).
- Discussion around the term "Healthy Ageing" is it exclusionary?
- Lucy raised concerns about people being denied the opportunity to age in place due to issues with My Aged Care and NSW Health's COMPACT.
- Suggested looking at alternative language and addressing systemic challenges.

## Action:

- Consider establishing inter-LDG communication between Chairs.
- Explore activity ideas aligned with the group's interests for upcoming terms.
- Guest speakers

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# 5. WhatsApp Group for LDG Members

Proposal for setting up a WhatsApp group for more informal communication.

#### Action:

 Mark to circulate an email to all LDG members seeking consent to share contact details for group creation.

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#### **Next Meeting**

Thursday 12 June at 6:00pm

Ashfield Civic Centre