



Doing Dementia Differently



Our story

Group Homes Australia (GHA) was founded in 2012 by Tamar Krebs, who had a vision to Do Dementia Differently. With a wealth of experience in nursing homes and dementia units, Tamar recognised the need for a transformative approach to enhance the lives of those with dementia and complex care needs. Fuelled by a deep sense of purpose, the GHA philosophy revolves around creating small, intimate environments integrated within local communities.

This compassionate approach has been proven to profoundly improve the health and wellbeing of individuals, enabling them to live with dignity and purpose. Tamar and her team work tirelessly to ensure that each person can cherish life's moments and live well with dementia.

“ This is one of the best models of dementia care in an assisted environment that I have ever seen ”

Ita Buttrose, AO, OBE
National Patron of Dementia Australia

What care do we provide?

- We provide 24/7 dementia care in our homes, with R&R short stays (respite), long-term stays, and end-of-life care
- We care for people with late and younger onset dementia and neurological disorders such as Parkinson's, MND, ALS, TBI and stroke
- With a 1:4 carer-to-resident ratio, our Homemakers oversee the daily care, ensuring consistent and personalised attention without relying on agency staff

Our care team

- Personal care, domestic care, and clinical care are all provided by our team of Homemakers and Registered Nurses
- Our dedicated team is supported by regular visits from local GPs and Allied Health services to ensure comprehensive care for our residents
- Emotional support for our residents and their families is provided by our own team of Social Workers

Funding

We are an independent private model of care. We welcome self-funded, Home Care Package and NDIS residents. We operate with a daily fee model with no upfront RAD or ACAT assessment required. For the most up-to-date pricing, please visit our website.



R&R - Respite Reimagined

R&R by GHA reimagines respite, providing a new way for people living with dementia and their Support Partners to pause and reset. With a personalised, brief stay in one of our homes, R&R also provides tools and resources to help you and your loved one stay at home as long as possible. Stay options include:

- Day stays
- Weekend stays
- 5-day stays
- 7-day stays
- 21-day stays

Rementia Together Retreat

This fully-funded, live in retreat program, which accommodates five couples at a time, provides innovative dementia education along with tools and strategies to help you live well post diagnosis. The program also provides participants with the opportunity to connect with others in a supportive and caring environment, both at the retreat and into the future.

Topics include, but are not limited to, sleep, food and mood, assistive technology, planning for the future, sexuality and intimacy and tips on self-care.

Our 5-day live in retreats are funded by the Australian Government.

Why choose us?

Experience personalised and compassionate dementia care with us, an Australian-owned provider committed to creating a warm and nurturing environment that celebrates each individual's story.

- Our homes, just like regular family homes, are nestled in traditional communities providing a familiar environment for our residents
- We welcome residents without the need for an ACAT assessment
- Each home has 6-10 bedrooms with the choice of an ensuite or shared bathroom
- Homemakers oversee the daily operations of our homes, creating a warm environment for our residents
- Our Homemakers, guided by an understanding of each resident's unique story, create opportunities for each person to do the things they love

Where are we?

We are Sydney based, with homes in the following areas:

- Eastern Suburbs
- Hunters Hill
- North Shore
- Northern Beaches
- Hills District
- Inner West
- Sutherland Shire

Our Sydney locations



Call our Engagement Team on

1300 015 406

grouphomes.com.au

