



## Name of Committee

### Date of meeting

11 May 2023

260 Liverpool Rd, Ashfield, Meeting Rm 1, level 5

Ashfield Civic Centre

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## Minutes

Meeting commenced at 6:10pm and concluded 7.58pm

### 1. Present

Community members	Staff	Councillors
Craig McMahon	Mary Ciantar: Healthy Ageing Team Supervisor	
Susan Fitzpatrick	Karena Alexander: Programs Coordinator, Wellbeing Team	
Jeff Furolo		
Rachael Wass		
Jill Ellen		
Michael Carney		
Gretchen Gamble		
Glenda Gartrell		
Shraddha Banthia		



Community members	Staff	Councillors

**2. Chairperson**

**3. Acknowledgment of Country**

HB welcomed members to the meeting and provided an Acknowledgment of Country.

**4. Apologies**

Catherine Delaney, Roseanne Hunt, Yash Sodhi,

**5. Disclosures of Interest**

No conflicts of interest disclosed.

**6. Quorum** (minimum 7 members)

**7. Confirmation of Minutes and Actions: Rachael Wass and Jill accepted the meetings**

**Discussion items**

Item	Summary	Recommendations / actions	Council's response
Actions From Previous Meeting			
1. Request to become Advisory Committee	Response: To apply to become an Advisory Committee, application considered at the end of this term.	Action: RW to collate points in preparation for application at the end of the term	

Item	Summary	Recommendations / actions	Council's response
<p>2. Challenging Ageism pilot workshop</p>	<p>Date for pilot workshop confirmed Monday 5<sup>th</sup> June 2023            Generations United: Addressing Ageism Pilot.            Aiming to have 15 young people and 15 older people to attend.            Keen interest from Seniors LDG members.            Registrations now open.</p>	<p>Action: Post workshop outcomes and learnings reported back to LDG members.</p>	
<p>3. Mental Health Forum</p>	<p>GG attended the Mental Health Forum hosted by Council.            Summary of the themes collated by Council staff.            A report to Council written up.</p> <p>Broad discussion regarding mental health, social inclusion, and how to create a safe and inclusive society with focus on older people, and older people who are linguistically diverse</p> <p>Working group members discussed who and what they wanted to hear about from other Council LDG's.</p>	<p>Action: Provide Seniors LDG working group update on outcomes from MH forum at next meeting.</p> <p>Action: Council staff to confirm invitations to speakers from Councils Social Strategy LDG and Social Access and Inclusion LDG to identify any points of intersections between Seniors LDG and these other LDG's.</p>	

Item	Summary	Recommendations / actions	Council's response
Agenda Items			
Survey Priority Areas	<p>Discussed the key issues and areas the Seniors LDG members identified and prioritised.</p> <p>Key areas:</p> <ul style="list-style-type: none"> <li>- Wellbeing and Mental Health: Discussion on Aged Care Packages (Federally funded). Increase in numbers of older people staying home but decrease in funding for home care packages.</li> <li>- Isolation and Loneliness</li> <li>- Intergenerational activities.</li> <li>- <b>Transport:</b> identified as a barrier for older people to stay connected. Barriers include the cost of transport and accessing transport.</li> <li>- Discussed the intersections between transport and lack of, Isolation and loneliness and wellbeing and mental health: transport an essential ingredient impacting the other issues</li> <li>- Group suggested to look at the transport service in Leichhardt.</li> <li>- MC mentioned transport to the Mayor.</li> <li>- Discussed creative options such as clubs donating buses, giving back to the community?</li> </ul> <p>Discussion about networking and connecting local areas and people</p> <p>Discussion about what is currently happening in the ageing home package support.</p>	<p>Action: Continue to keep Transport on Council's agenda.</p> <p>Action: Aged Care: Interest in a speaker to discuss what is happening in the Aged Care sector and home care packages</p>	

Item	Summary	Recommendations / actions	Council's response
<p>Communication</p>	<p>Discussion about barriers to reaching and communicating with Seniors in the LDG. Discussion included solutions and suggestions.</p> <p>Suggestions included:</p> <ul style="list-style-type: none"> <li>- Flyers need to include phone number</li> <li>- Need hard copy print letterbox drops / posters / flyers</li> <li>- How do older people know about activities and how to get there?</li> <li>- People being excluded.</li> </ul> <p>Newsletters to be informative, and to include good news stories about seniors in the Inner West.</p> <p>Newsletter is now monthly, and Council is Communications team is inviting stories from local people and activities.</p> <p>Other suggestions included:</p> <ul style="list-style-type: none"> <li>- Borrow a Person: Human library (intergenerational).</li> </ul> <p>Other points raised to consider:</p> <ul style="list-style-type: none"> <li>- Multicultural communities and linguistic diversity.</li> <li>- Consider advertising in the local and diverse papers.</li> <li>- Use the Notice boards.</li> <li>- Share information with community leaders: invite their input in appropriate</li> <li>- Improve access to TIS and Auslan</li> </ul>	<p>Action: LDG members to share stories and topic ideas with Council staff to promote and include</p> <p>Discuss ideas with Communications Team and invite Communications Staff member to meet with LDG and discuss ideas.</p>	

Item	Summary	Recommendations / actions	Council's response
	<p>Question:</p> <ul style="list-style-type: none"> <li>- How do we reach people not being reached?</li> </ul>		
Other business	<p>Community Hub: What is a Hub? The diverse types of hubs as they relate to older people. Dementia and social and activities based, collocated with other services etc. Discussion.</p>	<p>Action: Council staff (M.C.) to circulate the Inner West dementia referral brochure.</p> <p>Council Staff (M.C.) to invite LDG members to provide input via spreadsheet, to inform the development of a map of Hubs in the Inner West.</p> <p>Invite Newtown Neighbourhood Centre to attend meeting and update working group about what they do at their Hub.</p>	
	<p>Safety In Summer Hill Public Meeting 25<sup>th</sup> May 2023 This is the first step towards the development of a Community Safety Action Plan for the Inner West Council.</p>	<p>Council staff (K.A.) to update LDG members on</p>	

Item	Summary	Recommendations / actions	Council's response
	LDG members interested in hearing more and contributing	the outcomes and the next steps.	
	Keeping Older People Healthy and Safe Forum on 22 June Ashfield Town Hall		
General Business	Collaborative for Suicide Prevention in Inner West meeting at Little B.I.G. House in Summer Hill	Karenna to update and feedback	

## 8. Distribution of minutes and actions

Minutes distributed to members, uploaded to the website, and emailed to Councillors via the Governance team on 4 November 2023.

Next meeting 15 June 2023