



INNER WEST COUNCIL

Meeting Summary

Group Name: Seniors Working Group Meeting

Date: Thursday 20 June, 2019

Time: 6.00pm – 8.15pm

Venue: Ground Floor, Meeting Room 4

Chair : Graham Bennett

Convenor: Mary Ciantar

1. Welcome

Acknowledgement of country

All members were welcomed by the chair

Attendance: Mary Ciantar; Con Carais; Graham Bennett; Shraddha Banthia.

2. Apologies

Norman Bradshaw; Vera – Anne Hannaford Sandra Triulzi; Chrissie McIntyre; Lorne Hyde;

Pauline Kim; Angelo Arulanadam; Joanna Maxwell (resigned).

There was no quorum for recommendations to the Group manager. The Working Group noted that members should attend 50 % of meetings.



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3. Previous minutes

Con moved

Sharadda Seconded

4. Business arising

Summary

Retirement event to be combined with Seniors Festival in February due to:

- Many festivals occur during Spring throughout Inner West.
- Venues unavailable
- Healthy Ageing workload

Petersham Town Hall available on Saturday 15th and 22nd February 2020

Con stated that the station at Petersham is not accessible but still a central location and risks could be mitigated with transport being provided.

Some research has been completed with regard entertainment. Suggestion of dumpling making demonstration.

Actions

- Shradda to provide contacts for GP network
- Mary to draft a run sheet of how program may look for event and send to group. A working group of agencies also seconded to be involved such as Centrelink and Health.

5. Disclosure of Interest (any conflicts of interest need to be disclosed in accordance with Council's Code of Conduct)

None noted

6. Waverton hub model

A synopsis was provided by Mary and agenda item held over till more people present.

7. Fair days, festivals and events: Seniors Festival

Festivals are a way to advertise seniors programs and pathways to community events.

Consider a stall or have brochures on another table.

Mary mentioned that in the past not many seniors attend but that the families that do may have older parents in area.

Actions

- Book a space for a stall in Smarty Grants

8. Health and wellbeing talks – programming

The Not So Young Club has monthly talks that could be replicated. Libraries also have health and wellbeing talks.

In terms of priorities the working group listed the following ideas:

- Dementia
- Retirement villages – understanding the fee scale and not get ‘burnt’
- Euthanasia – although a bit taboo
- Osteoarthritis and chronic disease management
- Falls prevention
- Types of affordable holidays
- Seniors discounts

Mary discussed the community development approach used in the team with a view to working more collaboratively and in partnership rather than Council managing facilitators directly.

Could gyms offer discount rates when not busy?. Be good to explore what other activities exist in the inner west.

Actions

- Mary to ask the Business Development staff if they can approach gyms
- Graham offered to ask in his neighbourhood what seniors activities may exist.

9. Intergenerational programs

The working Group joined the Young Leaders Working group to brainstorm some ideas for future collaboration.

Issues of mental health and loneliness were discussed. Also that the inner west has talent and cultural diversity across all age groups.

Ideas tabled were:

- Cooking
- Sharing old recipes
- Teaching westerners to make dumplings, rice paper rolls
- Outreach in Marrickville
- Street parties - two way street
- Photobooth

- Something at the festival (Marrickville or Dulwich Hill Fair)
 - Making buntings and as people walk by they can write something on a bunting about how to address loneliness as an example
- Skate park an option of venue – maybe a picnic
- 21st October – Mental Health Month a date to work towards

10. Inclusion Action Plan

This item was discussed briefly with the outcome area in mind of consulting people with a disability

Actions

- Vera could talk to the Inclusion Advisory Committee about how to address this outcome area of the CSP/IAP

11. Other Business

Meeting closed 8.15pm

Next Meetings:

15/8/19: Joanna – need new person

17/10/19: Sandra.